

Understanding Neurodevelopmental Disorders: Causes, Symptoms, And Management

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Abstract

Neurodevelopmental disorders are a diverse group of conditions that originate in the early stages of brain development, affecting an individual's cognitive, motor, and social abilities. These disorders can present significant challenges to individuals and their families, influencing various aspects of life from early childhood through adulthood.

Prenatal and Perinatal Factors: Factors such as maternal health, infections, and complications during pregnancy and childbirth can lead to neurodevelopmental disorders. (Alla, 2024, p. 8)

Environmental Influences: Environmental factors, including exposure to toxins, stress, and social environment, can also contribute to the development of neurodevelopmental disorders. (Alla, 2024, p. 9)

(interventions) (strategies) (are) (continually) (being) (developed) (to) (improve) (the) (quality) (of) (life) (for) (individuals) (affected) (by) (these) (conditions)