

Understanding the Symptoms of Schizophrenia

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ABSTRACT: In this brief work, the distinction between schizophrenic and Seers, Risis, and janis has been compared. Also, it is emphasized that yoga, breathing and meditation cure schizophrenia to certain extent.

KEYWORDS: Schizophrenia, Symptoms, Distinction between Janins and schizophrenic people

INTRODUCTION

Schizophrenia is a chronic brain disorder that affects about

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The other circumstances in which one can experience unreal voices etc. or 1) While on deep prudence; 2) While on deep thinking philosophically; 3) While on involving in creative activities; 4) While on making inner mind travels spiritually

These people are not schizophrenic. They are yogis, philosophers, poets, scientists, spiritual people and Janis.

The rise of the inner mind is the common function for these groups of people and schizophrenic. But, the stimulus varies. While on prudence, like tapas, yoga, meditation etc. the subject goes into his/her inner deeper mind to hear the voices of his/her own mind and wish to obtain wisdom thereby.

As per Vedanta philosophy the "yogi wishes to go beyond Maya state of mind." Indian yogis all these beyond Maya state, as Nirvigalpa Samadhi. Science does not have an equivalent term for this state but properly described life at a highest resolution.

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