

Why Soft Drinks are Bad for Our Teeth?

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The general public health has a concern about the Caries of Dental Caries. A health care provider should have the knowledge of the dental caries [12].

Acknowledgements

None

Conflicts of Interest

None

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What is our role as health care providers?

The general public health has a concern about the Caries of Dental Caries. A health care provider should have the knowledge of the dental caries [10].

Dental caries is a major public health problem and a leading cause of dental decay. It is a chronic disease that affects the teeth and is caused by the interaction of bacteria, diet, and oral hygiene [7]. It is a preventable disease and can be treated. Caries is a chronic disease that affects the teeth and is caused by the interaction of bacteria, diet, and oral hygiene [11].

In the past, it has been considered that dental caries is a disease of the teeth. However, it is now recognized that dental caries is a disease of the mouth and is caused by the interaction of bacteria, diet, and oral hygiene [11].

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Copyright: © between acid intakes, low buered saliva, using hard toothbrush and dental erosion progression over six years period [8] So drinks are the most common source of acids that have higher cariogenic effect than milk and sugar. There is no clear relation whether regular soft drinks have more erosive effect than diet ones. Sugar free soft drinks can be more erosive than sugared soft drinks [9] Another study found that diet soft drinks have less erosive effect than sugared soft drinks [10] The severity of the erosion is connected to how long teeth have