

Wrist-Ankle and Auricular Reflexology are used to Relieve Cancer Discomfort

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Abstract

Torment caused by the disease has an impact on the personal satisfaction of malignant growth patients;As a consequence of this, there are a variety of strategies for minimizing the negative effects of cancer pain.Auricular acupuncture (AA) and wrist-ankle acupuncture (WAA) are just a few of the many types of acupuncture treatments. However, acupuncture has received the most attention because it is a form of nonpharmacological intervention that is regarded as an important auxiliary therapy for drug treatment.Acupuncture therapy has been shown to alleviate cancer pain in all forms in previous studies.However, the effects and pathways of various acupuncture treatments vary, and it is unclear whether a single therapy or a combination therapy provides better analgesic effects.The purpose of this study was to ascertain how AA and WAA therapy affected cancer pain.

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