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Introduction

Scoliosis is a condition which causes abnormal spinal curvature. There are three categories of scoliosis namely idiopathic, congenital,

means that the exact cause is unknown.

Although it has no specific age and can develop in toddlers and young children but it often occurs in late childhood or adolescence i.e. during puberty and is 8 times more likely to affect girls than boys.

Description

In idiopathic scoliosis, bones of the spine get slightly twisted or rotated. The spine develops a side-to-side curvature which usually