



### Osteopenia and osteoporosis

—eb e eacaci e, b he e i e a e e e ai id. Whe b a d a ge e e fca ci a e , heb d ca cc afe f heb e, a i g he f agie a di ci ed ha .

O e i e, ha i ga e a caci ca ca e e e ia, a dec ea e f i e a hic e i hi heb e.

—i c d ead e i, hich ca e he b e ea a de ded defe ee bea ,a e a e a di e i h e.

I ca a e a e a g i e f e i a d he c i ca i fa ca ci ac cea e.

### Dental problems

Whe he b d eed ca ci ,i i f ce cha he ee h.—i i ead de a i e, c i g

- T h deca
- B i e ee h

- I i a ed g

- Wea h

### Depression

A fe e e ha ca ci ac a be c ec ed i h e e a e c e , c i g ad e , i i e f he fac ha a i g hi i e i e ad a ce i e i ga e.

A b d h ec ha a ca ci ac i c i b i g i dica i f ad e gh c e a ecia i . A e chec i g he e ' ca ci ee , he ecia i a e c i be a ca ci e e .

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