

OTHER INTERVENTIONS

Currently there was re-emergence of interventions which includes Eye motion Desensitization and Reprocessing (EMDR) and trauma counseling in management of disaster (Watson et al., 2003). However, the effectiveness of these techniques requires to be hooked up. In a latest Cochrane assessment by using, reported that there was proof person CBT, EMDR, stress control and group TFCBT are effective inside the treatment of PTSD network-based Interventions Non-specific community based totally interventions plays principal position in fostering the restoration system. those intervention consist of, structuring of daily sports; heading off displacement; fostering the family, cultural and spiritual activities; group discussions; validation of the emotions of the survivor s enjoy and also survivor s guilt; providing authentic data; educating dad and mom and instructors; enticing the children- in numerous casual schooling strategies with revolutionary thoughts like drawing, sketching, making a song, miming and so on by way of the usage of available community assets; engaging the adult survivors in camp activities like cooking, cleansing and assisting in relief work; to start schools in the catastrophe affected region on the earliest so that normalisation and structuring