

COVID-19: Dietary Therapy and Herbal Medicine

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Received date: May 03, 2021; Accepted date: May 17, 2021; Published date: May 24, 2021

Citation: Riaz Y (2021) COVID-19: Dietary Therapy and Herbal Medicine. J Tradit Med Clin Natur 10: e152.

res
syndrome coronavirus 2 (SARS -CoV -2), which is claimed to be
zoonotic origin, Coronaviruses are important animal and
pathogens. Towards the top of 2019, the novel coronavirus ic
in Wuhan, China, presented as a cluster of symptoms of pne
Its quick spread resulted during a global pandemic. In May 2020, there
are approximately 5 million confirmed cases of COVID -19 and
30 thousand deaths worldwide, as reported by the WHO,
utilization of dietary therapy and herbal medicine as complemen
COVID -19 prevention therapies, given the present absence
efficient drug and/or vaccine against COVID -19 SARS -
Several doctors and researchers have already attempted to use herbal
medicines on clinical trials against SARS -CoV -2. The longstand
of dietary therapy and herbal medicine to stop and treat diseases cant
be overemphasized, as several herbs exhibit antiviral activity. Using
dietary therapy and herbal medicine to stop SARS -CoV -2 inf
might be a complementary COVID -19 therapy (O) 10.1186/s12915-021-01101-1
approaches within the treatment of COVID -19.

Signs and Symptoms of COVID-19

Early discoveries of COVID-19 pneumonia patients were
to be related to the Huanan seafood market in Wuhan
animal trading occurred. SARS-CoV-2 is postulated to p