



# Civilization Based Health Care

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## Introduction

The world is a complex and ever-changing place. As we move forward into the future, we must continue to adapt and evolve. One of the most significant challenges we face is the impact of civilization on our health and well-being. While civilization has brought us many benefits, it has also created a host of new problems, including chronic disease, mental health issues, and environmental degradation. In this commentary, I will explore the ways in which civilization has shaped our health care system and discuss some of the challenges we face as we move forward.

One of the most significant ways in which civilization has shaped our health care system is through the development of the medical profession. In the past, health care was often provided by family members or community healers. However, as civilization advanced, the medical profession became more formalized and specialized. This led to the development of hospitals and the creation of a hierarchy of medical professionals, from doctors to nurses to technicians. While this system has allowed us to make significant advances in the treatment of disease, it has also created a barrier to care for many people, particularly those who are poor or who live in rural areas.

Another way in which civilization has shaped our health care system is through the development of pharmaceuticals. The discovery of antibiotics and other drugs has allowed us to treat many diseases that were once fatal. However, the overuse of these drugs has led to the development of antibiotic resistance, which is a major public health concern. Additionally, the pharmaceutical industry has become a powerful force in our society, often influencing the way in which we think about health and disease.

Finally, civilization has shaped our health care system through the development of medical technology. From X-rays to MRI scans to robotic surgery, technology has allowed us to diagnose and treat disease in ways that were previously impossible. However, the high cost of this technology has made it difficult for many people to access, particularly in developing countries. Additionally, the use of technology in health care has led to the development of new ethical challenges, such as the use of artificial intelligence and genetic engineering.

As we move forward into the future, we must continue to adapt and evolve. One of the most significant challenges we face is the impact of civilization on our health and well-being. While civilization has brought us many benefits, it has also created a host of new problems, including chronic disease, mental health issues, and environmental degradation. In this commentary, I will explore the ways in which civilization has shaped our health care system and discuss some of the challenges we face as we move forward.

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