

What is Entrancing and How Should it Function?

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Introduction

Entrancing is a state of mind in which the individual is completely absorbed in an activity, losing awareness of the surrounding environment. This state is often associated with a sense of timelessness and a loss of self-consciousness. The concept of entrancement has been explored in various contexts, including art, music, and sports. In the context of pain relief, entrancement may be a valuable tool for managing acute and chronic pain. This paper explores the nature of entrancement and its potential applications in pain management.

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