Healthy Neonates Skin Care and Characteristics

EilbWm'@UifYb

Department of Pediatrics, Queensland Children's Hospital, South Brisbane, Australia

*Corresponding author: Lauren Q, Department of Pediatrics, Queensland Children's Hospital, South Brisbane QLD 4101, Australia, E-mail:LaurenQ@health.ac.au

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The very first month of life is referred to as the neonatal period. The skin of a healthy newborn has structural components that are similar to those of an adult, but it has several properties that are distinct from adult skin. It takes time to adjust to the external environment and nature. During this phase, additional care and attention should be given to skin health and the prevention of illnesses that affect not only the skin but also other systems such as the respiratory system.

Neonates can indeed be full term (born between 37 and 42 weeks