

# Editorial Note on Causes of Rash on Breast

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## Description

A rash on the breast represents redness and inflammation of the skin on the breast. A breast rash can also be accompanied by itching, scaly, pain, or blisters. Other terms used to describe a breast rash include dermatitis and hives. Skin irritation is caused by skin-touching side effects such as laundry detergents, soaps, and chemicals found in perfumes. For example, a rash on your chest may occur if you wash with certain detergents or wear a shirt that has been treated with chemicals. Rubbing the chest with metal like the collar can cause a breast rash. Other forms of contact dermatitis include exposure to certain herbs such as oak and ivy, animal bites, and insect bites. Allergies to foods such as peanuts, shellfish, strawberries and avocados can also cause a rash.

Common breast rashes include dermatitis, eczema, yeast infections, heat buttons, insect bites, toxic smacks, allergic reactions, hives, psoriasis, scabies, and seborrhea. The above rash is not specifically related to the breast and can appear almost anywhere on the body, including the breast. Viral diseases such as measles, chickenpox, and shingles can also cause a rash around the chest. Similar to the above conditions, they are not due to a particular breast condition. However, they can have serious health consequences and should be tested and treated as soon as possible. Certain breastfeeding women can develop nipple dermatitis or eczema from nipple irritation from the baby's mouth, tight clothing, or trapped water. Nipple and areola eczema are also found in non-breastfeeding females.

Inflammatory breast cancer (IBC) is advanced breast cancer that begins when cancer cells enter the lymph vessels that drain the skin of

the breast. Symptoms appear when blood vessels are blocked by cancer cells. These include thickening of the skin, rashes or inflammation that look like infections, red swelling and hot breasts, and hollow skin that looks like orange peel. Keeping the skin clean, cool, and dry helps treat most causes of rashes on or between the breasts. Here are some examples of treatments that gently wash the affected area with antibacterial soap and lukewarm water. Dry the area when finished, apply an unscented moisturizer, antibiotic ointment, or antifungal cream as recommended by your doctor, avoid scratching the skin, avoid using highly scented soaps, lotions, or perfumes around the breasts, wear soft, comfortable clothing made from breathable fabrics, such as cotton, consider placing a special soft cloth with antimicrobial materials, like Interdry, between the breasts to reduce itching and rubbing, change sweaty clothes as soon as possible after exercising or being outside in the heat. Here are some of the best home remedies to naturally remove breast rashes and prevent recurrence, such as tea tree oil, lemon juice, cornstarch, basal leaves, and aloe Vera. Tea tree oil is the powerful oil is known to be one of the most effective home remedy ingredients for treating a wide range of skin conditions and problems like acne, pimples, eczema, and more. Lemon juice helps to prevent fungal infections and speeds up the healing process so that the unpleasant rash is gone in no time. Cornstarch relieves burning sensation and itching caused by breast rashes. It absorbs the sweat and moisture present in the affected area, thus keeping the skin dry. Basil leaves have a cooling effect that instantly relieves the tingling sensation that accompanies rashes on the breasts. In fresh Aloe Vera gel has healing properties that make it the best natural treatment for rashes on the breasts and other skin issues.