

# Animal Models of Tendinopathy Induced by Chemicals

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## Abstract

Tendinopathy is a common disease that affects a wide range of people irrespective of age and gender. The underlying pathogenesis is still poorly understood. Since it is impossible to directly conduct experiments on humans, animal models of tendinopathy are essential not only to study its developmental mechanisms, but also to devise new treatment options for tendinopathy. Chemically-induced models are usually low-cost, reproducible, less labor-intensive and easy to perform. Chemicals that are currently being used to produce tendinopathy in animals include collagenase, cytokines, transforming growth factor- $\beta$  1 (TGF- $\beta$  1), fluoroquinolone, kartogenin, prostaglandin, statin, carrageenan and elastase. This paper discusses the development and use of animal models induced by chemicals.

**Keywords:** Tendon; Tendinopathy; Animal model; Chemical-induced; Collagenase

## Introduction

Tendinopathy, a disease of the musculoskeletal system which is prevalent in the general population and especially in athletes, is characterized by activity-related chronic pain, focal tendon tenderness, tendon swelling and intratendinous imaging changes. The etiology of the disease is not completely clear. Mechanical overloading of tendons is one of the commonly agreed factors. Other factors including age, gender, body weight, gene polymorphisms, and anatomical and biomechanical variations are thought to be involved in the etiology of tendinopathy [1]. Tendinopathy is becoming one of the most common non-fatal disease of the 21st century, and an important cause of work disability and loss of quality of life [2]. If not adequately treated, tendinopathy may lead to complete tendon rupture, which often requires surgical repair. Although some progress has been made and various treatments have been applied to treat tendinopathy in recent years, we still know little about the underlying pathogenesis of tendinopathy. One of the principal reasons is the limited availability of specimens. While tissue can be obtained surgically, the tissue obtained from patients undergoing surgical procedures is generally already well developed in terms of histopathology. Additionally it is rarely possible to obtain developing specimens from patients because their condition is usually not sufficiently severe to warrant surgical intervention. Hence, a validated animal model is essential to enable in-depth studies on the etiology and pathogenic mechanism of tendinopathy, to find out how the disease occurs and develops, and to seek new treatment for it.

Currently, there are many ways to establish animal models of tendinopathy, and most of them can be categorized into two groups. One is mechanical overloading which is considered to be the most common extrinsic factor causing tendinopathy [3-5]. The other model group, which relies on intrinsic factors, involves the introduction of chemicals into normal animal tendons [6-8]. This paper discusses the development and use of animal models induced by chemicals, highlights potential outcome measures that may be used in animal tendon research, and reviews current animal models of tendinopathy induced by chemicals.

## Materials and Methods

All literatures were retrieved from PubMed database. The keywords “tendinopathy,” “tendinosis” “tendinitis” and “animal model” were used for searching the literature published before September 2020. After screening the title, abstract and full text of each article, duplicate and

irrelevant articles were removed, and 73 articles were finally included in this review. The flow chart of searched results presented in Figure 1.

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in humans to be considered valid. If there are new findings in human tendinopathy pathology, animal model criteria should be updated accordingly.

### Current chemicals to produce animal models of tendinopathy

**Collagenase:** Among the chemicals to produce animal models of tendinopathy, collagenase is the earliest and most widely used [15]. It was initially pioneered by Silver et al to study tendinitis by mimicking the intrinsic condition of tendon rupture. Briefly, it was found to induce a reproducible lesion consistent with spontaneous tendon injury which showed tendon degeneration accompanied by a classic inflammatory response which exist about one week [15,16]. Collagenase is currently being used by many research teams to establish tendinopathy models in animals including horse, sheep, rabbit and rat, in various anatomic locations such as the superficial digital flexor tendon (SDFT), deep digital flexor tendon (DDFT), Achilles tendon, patellar tendon and rotator cuff [17-23].

Collagenase is usually applied by intratendinous injection (Table 1). After injection, the tendon exhibits collagen matrix fiber disorganization, increase in rounded cell density, and a marked increase in vascularity [6,22,24,25]. Altered biomechanical properties including larger cross-sectional area, decreased load to failure, lower stiffness, etc, have all been observed [25-28] (Table 1). These characteristics are similar to those observed in human samples. And the severity of collagenase induced injury seems to be dose-related [6].

In human, collagen type I is the major collagen type in healthy tendon, but when matrix degeneration resulting from tendinopathy occurs, a decrease in collagen type I and an increase in collagen type III occurs [29,30]. Findings from Liu et al in their collagenase model of rats displayed the same results as previously described [31]. In their research, they also found sustained or increased expression in decorin, biglycan, bromodulin and aggrecan which are consistent with clinical samples [11,32,33] and increased expression in substance P (SP) and calcitonin gene-related peptide (CGRP) which positively correlates with activity-related tendon pain. Dahlgren and colleagues reported type III collagen expression is initially increased in endotenon and subsequently in the parenchyma of healing tendon [34].

Matrix metalloproteinases are thought to participate in the pathogenesis of tendinopathy. MMPs are members of a family of enzymes that can break down proteins such as collagen. It makes tendon more susceptible to microdamage, and further accelerate lesions. Numerous researchers reported a substantial increase in the expression of MMPs (MMP-1, MMP-3, MMP-9, MMP-13), and a decrease in the expression of its counterpart inhibitor, i.e., tissue inhibitor of metalloproteinases (TIMP), in the collagenase model (Table 2). Injury treatments including piperine, low level laser therapy,

photobiomodulation therapy, and platelet-rich plasma were performed in these experiments and showed inhibitory effects on MMPs [19,35-40].

In conclusion, tendinopathy induced by collagenase exhibit many major qualities seen in clinical cases. It can be considered as an efficient and valid model of tendinopathy. However, it should be noted that drawbacks also exist. There is an acute inflammatory reaction after injection which is not seen in human. Also, a chronic healing response caused after collagenase injection is incompatible with clinical cases; for humans, the healing process is usually impaired [16].

**Cytokines:** Stone and colleagues wished to produce a model that better emulate the reversible lesions that represent the majority of the painful tendons seen in clinical practice. They injected cytokines into the

changes in mice which similar to those seen in human tendinopathy. But deficiencies also exist. First, the long-term status of the model is not available because of the short duration of induced changes which only last for 4 weeks. Second, the progression of pathological changes is unstable. For the above reasons, this model may be useful for studies

KGN induces localized chondrogenesis with neo-vascularization in rat Achilles tendons. They also performed in vitro experiments to understand the cellular mechanism by which KGN induces the formation of cartilage-like tissues in vivo. Results showed that KGN

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