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Lipid signalling, broadly defined, refers to any biological signalling event involving a lipid messenger that binds a protein target, such as a receptor, kinase or phosphatase, which in turn mediate the effects of these lipids on specific cellular responses. Lipid signalling is thought to be qualitatively different from other classical signalling paradigms (such as monoamine neurotransmission) because lipids can freely diffuse through membranes (see osmosis). One consequence of this is that lipid couriers cannot be stored in vesicles prior to release and so are frequently biosynthesized "on demand" at their intended point of action. As similar, numerous lipid signalling molecules cannot circulate freely in solution but, rather, live bound to special carrier proteins in serum. Lipids aren't just used as a passive element of membranes, or as a source of stored energy.

They're involved in the process of signal transduction at the cell membrane, a process by which the interior components of the cell respond to a signal external to the cell [1], allowing the cell to respond to their original terrain. Usually a chemical signal on the outside of the cell is the "primary messenger" that causes the cell to respond. Usually the chemical transmitter of information doesn't get into the cell. Rather it binds to face receptors on the cell membrane face [2]. Somehow, the cells sense that a ligand is bound to the outside. Enzymes, generally in the membrane or at the intracellular surface of the lipid bilayer are activated. Numerous of these enzymes stick lipids in the membrane. These adhered fragments of the lipid molecules serve as intracellular signals or "secondary messengers", which can bind to intracellular enzymes to spark intracellular processes.

Recently, fatty acid amides have been shown to be potent mediators of neurological processes [3]. In one interesting experiment, sheep were sleep deprived. Reasoning that the brain might release a biochemical signal into cerebrospinal fluid to induce sleep, scientists at Scripps removed some of this fluid and isolated a substance that wasn't present in rested sheep [4]. On analysis, the structure was shown to be an amide of oleic acid. Oleylethanolamide has been shown to bind to the peroxisome-proliferator-activated receptor- α (PPAR- α) which resides in the nucleus [5]. This ligand, by affecting gene transcription, appears to regulate body weight and the feeling of fullness after eating (satiety) as it leads to reduced eating.

More lately, membrane lipids have been shown to alter integral membrane receptor signalling either through direct or circular stoichiometric relations. Investigations within the last five years have identified important places of lipids in the regulation of membrane protein receptors during cell signalling. These functions have been uncovered due to recent developments in crystal structure resolution and identification of lipid binding sites in the context of 3D structures. These technical advances have paved the way to a better understanding as to how the composition of the plasma membrane offers both a tremendous level of versatility and plasticity in cell signalling. This short review highlights

6. Tse C, Warner A, Farook R, Cronin JG (2020)

