



Management of Childhood and Teenage Obesity

David A Bluemke*

Obesity has become a worldwide epidemic and public health crisis, particularly in last decades, and also the incidence of fat is continuous to rise at Associate in Nursing horrible rate.

Childhood fat places a serious burden on international public health, with its prevalence reaching pandemic proportions.

According to the newest reports by the globe Health Organization (WHO), Associate in Nursing calculable forty one million youngsters underneath ve years older and over 340 million youngsters and adolescents aged 5–19 years were either overweight or fat. ese numbers have drawn special attention as childhood fat cannot solely have an e ect on brain development and psychological health [1].

Teachers were chargeable for causation electronic questionnaires to folks or guardians of all taking part youngsters, and nished questionnaires were collected on-line. Dietary-related knowledge from study youngsters enclosed weekly intake frequencies of sweet foods,

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