



Introduction

Nociception provides a means of neural feedback that allows the central nervous system (CNS) to detect and avoid noxious and potentially damaging stimuli in both active and passive settings. The sensation of pain divides into four large types: acute pain, nociceptive pain, chronic pain, and neuropathic pain. This article will consider the categories of acute and nociceptive pain together. Acute noxious stimuli (e.g., heat, cold, mechanical force, or chemical stimulation) trigger nociceptors. Acute pain becomes inflammatory pain when the noxious stimulus persists long enough to allow nociceptive neurons to release their pro-inflammatory markers and sensitize or activate responsive cells in their local environment [1]. Nociceptive pain arises from tissues damaged by physical or chemical agents such as trauma, surgery, or chemical burns, while neuropathic pain arises from diseases or damage mediated directly to sensory nerves, such as diabetic neuropathy, shingles, or post herpetic neuralgia [2]. Differentiating acute and nociceptive pain from neuropathic pain aids in understanding the broader study of pain; however, neuropathic pain will not be evaluated further in this article.

Regarding active settings, stimulated nociceptive neurons convey high-threshold noxious stimuli to the CNS. The nociceptive signal may either get redirected immediately in a spinal reflex loop, producing a rapid and reflexive withdrawal or transported to the areas of the brain responsible for integrating the information with higher-ordered sensations such as pain [3]. In addition to spinal afferent transmission to the CNS, nociceptive neurons are also capable of responding to noxious stimuli by secreting chemical signals from their peripheral nerve endings. Local actions on nearby neuronal and non-neural cells undergo mediation through the release of vesicles containing preformed pro-inflammatory cytokines and growth factors.

Description

Depending on the specific monomial sensitivity of a previously inactive nociception, specific noxious stimuli are detected by expressed receptors that open their action channels in response to activation.

The open action channels on the nociceptive neurons depolarize the nociception, inducing vesicle fusion and cytokine release. The cytokines are pro-inflammatory, and once released, they elicit and propagate a matched release of pro-inflammatory cytokines from local epithelial, endothelial, and lymphoid cells. The responding cells may then migrate or otherwise disseminate their pro-inflammatory signals that go on to sensitize or activate surrounding nociceptors originally outside of the primary nociceptive field [4].

The spread of nociception-induced inflammation occurring over an area greater than that of the original nociception(s) involved is referred to as neuroinflammation. The propagation from nociceptive neurons to the surrounding cells, which may in-turn sensitize nearby nociceptive neurons, is why neuroinflammation is considered to be a self-reinforcing phenomenon. Not only do the released pro-inflammatory molecules activate local inflammatory cells, but they are also capable of directly activating other nociceptive nerve endings because almost all nociceptive nerve endings possess receptors for all of the pro-inflammatory markers they are capable of releasing.

The pro-inflammatory molecules released from a directly stimulated nociceptive neuron are capable of binding to and activating a local nociceptive neuron entirely unaffected by the original stimulus. As with direct activation, the pro-inflammatory molecules bind the receptors

Cellular

RT-PCR has provided the means to discover and classify nociceptive neurons based on the specific receptors they possess, which are sensitive to noxious stimuli. Nociceptors in the skin and other peripheral organs form highly complex and interconnected networks with each other. Schwann cells are peripheral glial cells that envelop these networks everywhere except where the terminal axons project through the basement membrane of the epidermis and the nerve endings become 'free' or 'naked' (i.e., unmyelinated). Unfortunately, the complex and sequestered nature of nociceptors in vivo has made them difficult to study, and much of what researchers know about the activity, gene expression, and important factors present in nociceptors has been discovered by studying nociceptive neurons grown in culture [5]. While nociceptors grown in culture have been found to possess many of the same molecules found in vivo, it is not currently possible to discern the absence of any in vivo molecules that only receive the necessary signals produced when the nociceptive neuron is fully imbedded in cutaneous tissue.