



Nail Dystrophies and Its Systemic Problems

William John*

National and Kapodistrian University of Athens, Medical School, Laboratory for Experimental Surgery & Surgical Research, NS Christeas, Greece

Abstract

50% of patients have koilonychia (concave, spoon-shaped nails). Yellow nail syndrome is a rare condition characterized by slow-growing, thickened, hypercurved, yellow nails. This condition typically occurs in patients with lymphedema and/or chronic respiratory disorders. Chronic bronchial infections are present in about half of reported cases. Half-and-half nails (Lindsay nails) occur usually with renal failure; the proximal half of the nail is white, and the distal half is pink or red-brown. Half-and-half nails occur in 20 to 50% of patients who have chronic kidney disease; however, this nail abnormality has been reported in various other chronic diseases including Crohn disease, cirrhosis, pellagra, and Kawasaki disease. This abnormality also occurs in healthy people.

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