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Pain Scales Exist for People of All Ages

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Abstract

When you're in pain, you might be tempted to take it easy until the soreness goes away. That's why doctors used to recommend rest for people experiencing pain.

Key words: Muscle soreness; Chronic Pain; Fibromyalgia; Back of side pain; Vascular disease and infection

Introduction

From new-born to seniors, as well as people with impaired communication skills. Multidimensional tools for pain assessment aid but not always commonly used. However, many experts argue that they're extremely valuable, just underused. Unidimensional pain scales, a simple way for people to rate the intensity of their pain. They use words, images, or descriptors to measure pain or pain relief [1]. For children, pain scales using images of faces are commonly used. A child may be presented with the images of eight different faces, ranging from a happy face to a face in pain.