

16.

Ethical Approval

Funding

Conflict of Interest

Informed Consent

1. Ross R, Neeland IJ, Yamashita S, Shai I, Seidell J, et al. (2020) Waist circumference as a vital sign in clinical practice: a Consensus Statement from the IAS and ICCR Working Group on Visceral Obesity. *Nat Rev Endocrinol* 16:177-189.
2. <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>.
3. Aylwin S, Al-Zaman Y (2008) Emerging concepts in the medical and surgical treatment of obesity. *Front Horm Res* 36: 229-259.
4. Sharma AM, Kushner RF (2009) A proposed clinical staging system for obesity. *Int J Obes (Lond)* 33: 289-295.
5. <https://apps.who.int/iris/handle/10665/63854>
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