

A Brief Overview about Personality Disorders

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A personality disorder is a mental health condition that involves long-lasting, all-encompassing, disruptive patterns of thinking, behavior, mood and relating to others. These patterns cause a person signifcant distress and/or impair their ability to function. There are 10 types of personality disorders, each with different characteristics and symptoms.

slows or interferes with completing a task. It can also interfere with relationships.

Anyone can have a personality disorder. But di erent types of personality disorders a ect people di erently. Most personality disorders begin in the teen years when your personality further develops and matures. As a result, almost all people diagnosed with personality disorders are above the age of 18. One exception to this is antisocial personality disorder — approximately 80% of people with this disorder will have started to show symptoms by the age of 11 [9].

Antisocial personality disorders are more likely to a ect people

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