

**Abstract**

Neurodevelopmental disorders include autism spectrum disorders (ASDs). Although the exact cause of ASD is not fully understood, it is believed to be caused by a combination of genetic and environmental factors. Research has shown that ASD is associated with synaptic defects and changes in brain development and function. The clinical phenotype and severity may also be influenced by these factors. This short note discusses the current understanding of the causes and clinical features of ASD, and highlights the need for further research to improve diagnosis and treatment.

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**Received:** 04-Jan-2023, Manuscript No: jcalb-23-86468; **Editor assigned:** 06-Jan-2023, Pre-QC No: jcalb-23-86468 (PQ); **Reviewed:** 20-Jan-2023, QC No: jcalb-23-86468; **Revised:** 23-Jan-2023, Manuscript No: jcalb-23-86468 (R); **Published:** 30-Jan-2023, DOI: 10.4172/2375-4494.1000487

**Citation:** Congo S (2023) A Short Note on Neurodevelopmental Disorders Include Autism. J Child Adolesc Behav 11: 487.

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