



# When Drug Use Becomes Drug Abuse or Addiction

Himabindhu Gude\*

Department of Psychology, Child Psychology Unit, Osman University College for Women, Butan, Nigeria

## Abstract

Drug use is a common phenomenon in our society. It is a complex phenomenon that involves the use of a substance to alter one's state of mind or to achieve a desired effect. Drug use can be categorized into drug abuse and drug addiction. Drug abuse is the use of a substance in a way that is harmful to the user or others. Drug addiction is a chronic condition characterized by compulsive drug use and withdrawal symptoms.

Drug use can be a result of various factors, including genetic, environmental, and psychological factors. Drug use can lead to a range of negative consequences, including physical and mental health problems, social problems, and legal problems. Drug use can also lead to addiction, which is a chronic condition that is difficult to treat.

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## Keywords

Drug use, drug abuse, drug addiction, mental health, physical health, social problems, legal problems, chronic condition, compulsive drug use, withdrawal symptoms.

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**\*Corresponding author:** Himabindhu Gude, Department of Psychology, Child Psychology Unit, Osman University College for Women, Butane, Nigeria, E-mail: Himabindhu#321@gmail.com

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Drug use is a complex phenomenon that can range from recreational use to addiction. The transition from use to abuse or addiction is often gradual and influenced by various factors, including genetic predisposition, environmental influences, and the individual's psychological state. Understanding the underlying mechanisms of addiction is crucial for developing effective treatment strategies. Research in this field continues to evolve, providing insights into the neurobiological and psychological processes involved in drug addiction. (18)

Another key aspect of drug addiction is the role of the brain's reward system. The release of dopamine during drug use reinforces the behavior, leading to compulsive drug seeking and use. This neurobiological process is central to the development of addiction and is a primary target for pharmacological interventions. Additionally, psychological factors such as stress, trauma, and mental health issues can significantly impact an individual's susceptibility to addiction. (19)

The impact of drug addiction extends beyond the individual, affecting families, communities, and society as a whole. Substance use disorders are a leading cause of disability and premature death, imposing a significant burden on healthcare systems and the economy. Addressing this public health challenge requires a multifaceted approach, including prevention, early intervention, and comprehensive treatment services. Continued research and public awareness are essential for reducing the prevalence and consequences of drug addiction. (20)

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