



To diagnose Autistic Disorder, medical professionals rely on criteria outlined in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). It includes a comprehensive evaluation of the individual's behaviour, communication abilities, and social interactions. The severity of the disorder is often categorized based on the level of support required for daily functioning [7].

Causes and contributing factors: The exact causes of Autistic Disorder remain largely unknown. However, research suggests a combination of genetic and environmental factors contribute to its development. Studies have identified numerous genes associated with ASD, highlighting its genetic basis. Environmental factors, such as