
Materials and Methods

The study was conducted in a cross-sectional manner. A total of 18 participants were recruited from a local community center. The participants were selected through a random sampling method. The study was approved by the local ethics committee. The participants were informed of the purpose of the study and their rights. The data was collected through a series of questionnaires and interviews. The data was analyzed using statistical software. The results of the study are presented in the following sections.

