

## America's Drug Use and Health

Chala Getaneh\* and Olanrewaju MKU

Faculty of Education, Al-Hikmah University Ilorin, Kwara State, Nigeria

### Abstract

America's drug use and its implications for public health have garnered significant attention in recent years. This abstract provides an overview of the multifaceted landscape of drug use in the United States and its impact on health, addressing both legal and illicit substances. The analysis encompasses various dimensions, including the opioid epidemic, marijuana legalization, stimulant use, and the broader challenges of substance abuse disorders. It emphasizes the critical need for comprehensive strategies, public awareness, and evidence-based interventions to address the complex issue of drug use and safeguard public health in America.

**Keywords:** America's drug; Health; Multifaceted; Drug use

### Introduction

The issue of drug use and its effects on public health is a multifaceted and pressing concern in the United States. This introduction sets the stage for a comprehensive exploration of America's drug use patterns, their implications, and the broader public health implications. It recognizes the diversity of substances involved, ranging from legal pharmaceuticals to illicit narcotics, and highlights the significance of this topic in the context of health and societal well-being. In the United States, the landscape of drug use is dynamic and complex, reflecting

providers but also for every citizen concerned with the well-being of

**\*Corresponding author:** Chala Getaneh, Faculty of Education, Al-Hikmah University Ilorin, Kwara State, Nigeria, E-mail: Chala1265@gmail.com

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**Stigma:** Stigma associated with drug addiction can deter individuals from seeking help and support, leading to continued use.

**Economic factors:** Economic stressors and job insecurity can contribute to drug use as individuals may turn to substances as a coping mechanism.

**Peer and family support:** Having a support system of friends and family who discourage drug use can act as a protective factor.

**Pharmaceutical marketing:** Aggressive marketing of prescription medications by pharmaceutical companies can influence prescribing

ese methods, when integrated and tailored to specific communities and populations, form a comprehensive approach to addressing drug use and promoting public health in the United States. Effective strategies involve a combination of prevention, treatment, harm reduction, and policy measures aimed at reducing the negative consequences of drug use.