

## Introduction

In our ever-evolving healthcare landscape, one aspect remains constant and vital: the need for compassionate care at the end of life. Palliative care, a medical specialty that focuses on improving the quality of life for patients facing serious illness, is a beacon of hope and comfort for countless individuals and their families. However, in an era of healthcare where evidence-based practice and technology are often prioritized, the importance of palliative care is sometimes overlooked. This editorial aims to explore the challenges and opportunities in providing end-of-life care, emphasizing the need for a holistic approach that addresses the physical, emotional, social, and spiritual needs of patients and their families. This approach aims to alleviate pain and suffering, enhance comfort, and promote dignity, regardless of the patient's condition or prognosis.

Palliative care is not only an end-of-life care, but also a limited hospice care. It encompasses a comprehensive approach to addressing the physical, emotional, social, and spiritual needs of patients facing serious illness, such as cancer, heart disease, dementia, or advanced organ failure. This approach aims to alleviate pain and suffering, enhance comfort, and promote dignity, regardless of the patient's condition or prognosis.

One of the fundamental tenets of palliative care is patient-centered care. It recognizes that each individual has unique experiences and needs. This approach is not only holistic but also recognizes the importance of the physical, emotional, and psychological burden that comes with serious illness. It encourages open and honest communication between patients, their families, and healthcare providers, fostering a collaborative and supportive environment.