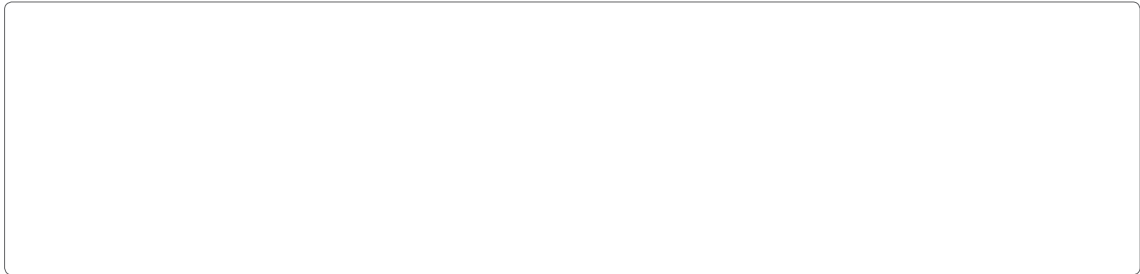


Physical ankle fracture: A review of the literature and future directions.



Keywords: Physical ankle fracture; Pedal fracture; Pedal fracture; Fracture; Injury.

Introduction

Mechanical ankle fracture is a common injury. It is often associated with trauma, such as a fall or a motor vehicle accident. The ankle is a complex joint, and a fracture can be a serious injury. The most common type of ankle fracture is a distal radius and ulna fracture. This type of fracture is often associated with a fall from a height. Other types of ankle fractures include a distal tibia and fibula fracture, a distal humerus fracture, and a distal femur fracture. The treatment of ankle fractures depends on the type and location of the fracture. In some cases, surgery is required to repair the fracture. In other cases, a cast or brace may be used to immobilize the ankle. The prognosis for ankle fractures is generally good, but it can be complicated by infection, non-union, or post-traumatic arthritis. The purpose of this review is to provide an overview of the current literature on ankle fractures and to discuss future directions for research in this area.

Description

Ankle fracture is a common injury, often resulting from trauma. The ankle is a complex joint, and a fracture can be a serious injury. The most common type of ankle fracture is a distal radius and ulna fracture. This type of fracture is often associated with a fall from a height. Other types of ankle fractures include a distal tibia and fibula fracture, a distal humerus fracture, and a distal femur fracture. The treatment of ankle fractures depends on the type and location of the fracture. In some cases, surgery is required to repair the fracture. In other cases, a cast or brace may be used to immobilize the ankle. The prognosis for ankle fractures is generally good, but it can be complicated by infection, non-union, or post-traumatic arthritis. The purpose of this review is to provide an overview of the current literature on ankle fractures and to discuss future directions for research in this area.

