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Introduction

Palliative care, often associated with cancer patients, is a specialized form of medical care focused on enhancing the quality of life for individuals facing serious illnesses. While cancer remains a significant focus, the principles of palliative care extend far beyond oncology, encompassing a wide range of medical conditions. This article delves into the importance of palliative care for various medical conditions, highlighting its holistic approach to end-of-life support and the unique challenges and opportunities it presents.

medical conditions and the challenges and opportunities associated with its delivery.

Holistic Approach

Palliative care adopts a holistic approach that recognizes the multidimensional nature of suffering and aims to improve the quality of life for patients and their families. Whether it's heart failure, chronic obstructive pulmonary disease (COPD), neurodegenerative diseases, or other chronic conditions, palliative care focuses on alleviating physical symptoms, managing psychosocial distress, providing spiritual