



# Primary Health Care: A Comprehensive Overview

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**Abstract**  
**case studies.**

**Keywords:** Primary Health Care; Comprehensive Overview; Case Studies; Otolaryngology; Head and Neck Surgery

## Introduction

Primary Health Care (PHC) is a cornerstone of the health care system, focusing on the promotion of health, prevention of disease, and the early identification and treatment of health problems. This comprehensive overview explores the various components of PHC, including community-based care, primary prevention, and the role of the general practitioner. The article also discusses the challenges and opportunities in implementing PHC in different cultural and socioeconomic contexts.

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