

The Benefits of Integrated Rice-Fish Farming

Gcd\]Y' KcÜb\†

Department of Biological Sciences, University of New Hampshire, USA

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Integrated rice-fish farming, an age-old agricultural practice, offers a sustainable solution to modern challenges in food security, environmental sustainability, and economic stability. This method involves the simultaneous cultivation of rice and fish in the same paddy fields, leveraging their natural symbiosis to enhance productivity. The practice increases overall yield and improves nutritional quality by providing a valuable source of protein. Environmentally, it reduces the need for chemical inputs through natural pest control and soil fertilization. Economically, it diversifies income sources and lowers production costs, benefitting smallholder farmers. Despite challenges such as initial setup costs and market access, integrated rice-fish farming holds significant promise for promoting sustainable agriculture and improving rural livelihoods.

K / : s a a a ; Foo s ; a a s o -
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a s a a o s k o a a a o
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o a a s s a s s , s a a o
v s s s s , s k a s , a a a s , o v a v a
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a a a s o s . B o s s s , s k
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F s a s o o k o k a s . s a s
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o , s a s s a s s a s s o a o a k o
s s , s a s s , o a v s a o o s . a o a o
o s s a s a s v a a o o s s o
a s o s o s . L o k o o s s a a o o
a a a s o o v s k s o s
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†7cffYgdcB]b[Uih\cf. Sophie Wolfng, Department of Biological Sciences, University of New Hampshire, USA, E-mail: sophie@gmail.com

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