

A Journey through Time the Evolution of Psychiatry

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Introduction

The origins of psychiatry can be traced back to ancient civilizations, where mental illness was often attributed to supernatural forces or divine punishment. Ancient societies such as those in Mesopotamia, Greece, and Rome, viewed mental illness as a punishment from the gods or a result of supernatural forces. In ancient Greece, mental illness was often attributed to the gods, and patients were treated with religious rituals and sacrifices. In ancient Rome, mental illness was often attributed to the gods, and patients were treated with religious rituals and sacrifices.

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and technology have revolutionized our understanding of the brain and its role in mental illness. Neuroimaging techniques such as functional magnetic resonance imaging (fMRI), positron emission tomography (PET), and electroencephalography (EEG) have provided unprecedented insights into the neural circuitry underlying psychiatric disorders, informing diagnostic assessment, treatment selection, and