



Intercultural Exchange and Its Influence on Stuttering Treatment

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Abstract

Intercultural exchange plays a critical role in the effective treatment of stuttering, enhancing both the understanding of the disorder and the therapeutic approaches used by clinicians. Stuttering manifests differently across cultures, influenced by linguistic, social, and cultural factors. These variations necessitate culturally informed assessments and personalized therapy. This article explores how intercultural exchange fosters culturally competent stuttering therapy by facilitating the adaptation of diagnostic methods, therapeutic techniques, and the therapeutic alliance to better suit diverse cultural contexts. It also highlights how intercultural dialogue helps address social stigmas, fosters acceptance, and promotes more inclusive treatment approaches. As globalization continues to reshape healthcare, integrating intercultural exchange into stuttering treatment offers a path toward more responsive and effective care for individuals across the world.

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