

Munchausen Syndrome: Understanding Factitious Disorder Imposed on Self

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Abstract

Munchausen Syndrome, now known as Factitious Disorder Imposed on Self (FDIS), is a mental health condition where individuals deliberately fabricate or exaggerate physical or psychological symptoms to assume the sick role, gaining attention, sympathy, and validation from others. Unlike malingering, where individuals feign illness for external benefits (e.g., financial gain), the primary motivation for those with Munchausen Syndrome is internal, seeking emotional rewards such as care or admiration. This disorder often leads to unnecessary medical procedures, prolonged hospitalizations, and potential harm to both the individual and the healthcare system. The exact cause

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Conclusion