

Nocturnal Enuresis Treatment: New Perspectives

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Abstract

Nocturnal enuresis is a common condition in children and adolescents, characterized by the involuntary voiding of urine during sleep. This study aims to explore new perspectives in the treatment of nocturnal enuresis, focusing on the use of biophotonics. The research involves the application of low-intensity laser light to the perineal area, which is believed to stimulate the nervous system and improve bladder control. The study includes a clinical trial with a control group and an experimental group. The results show that the use of biophotonics significantly reduces the frequency of nocturnal voiding episodes compared to the control group. These findings suggest that biophotonics may be a promising non-invasive treatment option for nocturnal enuresis. Further research is needed to confirm these results and explore the underlying mechanisms of action.

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References

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