



Anticholinergic and Delirium

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Copyright: © gastrointestinal disturbances. Other over the counter medications, such as antihistamines, can have anticholinergic effects adding to a problematical anticholinergic burden. Common side effects cited for anticholinergics include dry mouth, constipation, only confusion, delirium, and sedation, but also dizziness, dry mouth and blurred vision. A

additional activity of Cimetidine could be problematical. As a health care provider, Mintzer and Burns recommend to minimize or change the combination of anticholinergics [5].

According to Lee et al. delirium is a neuropsychiatric disorder which occurs across the health continuum [6]. The geriatric population (greater than age 65) is especially susceptible to adverse outcomes, so health care providers need to be vigilant when assessing and treating delirium in the geriatric population. Delirium can manifest by a decline in cognition, attention or consciousness. Lee et al. discussed medications used to treat delirium symptoms. Examples given