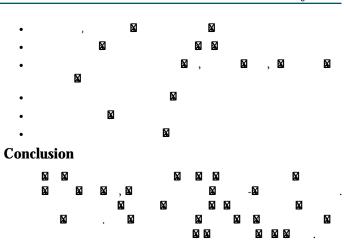
## Introduction

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Citation: Prabhakaran M, Shashi Kumar S (2013) The Need of Yoga on Physical Fitness. 2: 729 doi: 10.4172/scientifcreports.729



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