Appendix 1
This questionnaire is designed to help us obtain feedback from school counselors on their
experiences of delivering PROACTIVE in schools. Your feedback is highly valued. Thank you for taking
the time to complete this questionnaire.
Questions about you
1. How many years have you been a school counsellor?
____
2. Are you a registered psychologist? (please circle) Yes / No
a. If yes, how many years have you been registered?
____
3. Prior to running PROACTIVE groups, please describe your experience in working with
children with anxiety
____
____
____
4. Prior to running PROACTIVE groups, please rate how confident you felt in delivery of
interventions to treat children with anxiety
 1 2 3 4 5 6 7 8 9 10
Not at all confident Confident Extremely Confident
1. After running PROACTIVE groups, please rate how confident you now feel in delivery of
interventions to delivery of interventions to treat children with anxiety
1 2 3 4 5 6 7 8 9 10
Not at all confident Confident Extremely Confident
Questions about the PROACTIVE group you delivered
1. Did you use the child or teen program (if both, could you please complete a separate
evaluation form for each?)
2. Did you have a co-facilitator for the group sessions (if yes, please describe e.g. another
school counsellor, research assistant psychologist)
3. How many students were delivered
PROACTIVE?____
a. This was: too few too many

1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
22. Resources provided to run parent sessions
1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
23. Resources provided to run student sessions
1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
24. Videos for student sessions
1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
25. Group Facilitator manual for students
1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
26. Group Facilitator Manual for Parent
1 2 3 4 5 6 7 8 9 10
Not at all adequate Adequate Extremely Adequate
27. In general, how clinically useful is PROACTIVE
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